***Positive Self Redirection***

Positive Self Redirection is a student-centered strategy that helps the teacher reduce the use of punishment techniques and allows students to improve their academic performance and attention behaviors by encouraging students to monitor their own behavior.

**How to Use**

1. Identify the specific behavior
2. Create behavior chart
3. Teach the student how to use chart
4. Reinforce positive behaviors
5. Monitor the students’ progress

**When to Use**

1. When students have outburst/distracting behaviors
2. When keeping track of student behavior in other classes
3. For time spent on school work vs extracurricular or TV.
4. Comparing appropriate and inappropriate social interactions by a student and their peers.

**Variations**

***Teacher Redirection***

Instead of the student tracking their behavior, if it is maintainable, the teacher in each individual class can keep track some of the students’ behaviors of that day and keep a file for school counselor and parents, especially if student is on an IEP.

***Friend Redirection “Designated Behavior Classmate”***

In the occasion that a student is not able to maintain the track of their behaviors, the student will have a designated behavior classmate who is okay with this technique and is willing to help calm the student if he or she is unable to control their behaviors.